

## **Hendra woman wins \$5k to help quadriplegic man continue his love of cycling**

Last year Trevor Ward from Chapel Hill spent nine months in hospital after a serious bike accident. The bike accident left him quadriplegic and unable to ride a regular bike.

Trevor is a member of Bicycle Queensland and when the organisation found out about his accident they wanted to help. Hendra resident Catherine Baker from Bicycle Queensland submitted her dream to get Trevor a handcycle in the March round of the Sunsuper Dreams for a Better World competition, which helps people realise their dream for a better world by offering \$5,000 grants to Australian-based causes.

Ms Baker said everyone at Bicycle Queensland was devastated to hear about Trevor's accident and they were eager to help him get a handcycle so he could continue to ride and socialise with his riding friends.

"The bicycle group Trevor belongs to is a keen and dedicated group of riders and Trevor's injury wouldn't only affect his ability to ride but also everyone within his riding group. Trevor was keen to get back on his bike and Bicycle Queensland was eager to work with him to find a solution," said Ms Baker.

"At Bicycle Queensland events we have people on hand powered bikes, recumbents, penny farthings and tandem bikes, so we knew that a traditional two wheel bike wasn't the only way for Trevor to ride and that a handcycle would also help with his rehabilitation.

"Unfortunately the cost of an adapted handcycle is often too much for the average person to buy, so we decided to enter Sunsuper's Dreams for a Better World competition to get a \$5,000 grant to help Trevor buy a handcycle.

"Thanks to the help of the Bicycle Queensland community and all of Trevor's family and friends who voted for our dream in the competition, Trevor will now be able to purchase his handcycle.

"Trevor's 'never say, never' attitude will hopefully inspire others to challenge their limitations and find ways to get out bike riding."

**Ends**

**Media enquiries: Rebecca Cassidy, Sunsuper, (07) 3333 7059 or 0402 246 851**

**Interview and photo opportunities:** Catherine Baker and/or Trevor Ward are available for interview, photo and broadcast opportunities if required.

### **About Sunsuper's *Dreams for a better world* initiative:**

Sunsuper's *Dreams for a better world* initiative is all about doing something positive for the community in a really meaningful way and giving individuals, groups and organisations the opportunity to help realise a dream for a better world.

Australian-based dreams are submitted through [www.sunsuperdreams.com.au](http://www.sunsuperdreams.com.au). Visitors to the site then vote for their favourite dream/s and the dream with the most votes at the end of each round of voting will be awarded a \$5,000 grant.